Baptist Rehabilitation
Women’s Health Program

Pelvic Pain Syndrome • Urinary Incontinence • Osteoporosis
Fibromyalgia • Pregnancy-Related and Postpartum Low Back Pain

Women have special needs. From the time you begin menstruating through your childbearing years and menopause, your reproductive system is an important part of your overall health. As your body changes, you may experience various symptoms that cause you physical pain and emotional discomfort.

**Baptist Rehabilitation** offers a Women’s Health Program to help alleviate your discomforts. Our physical therapists specialize in women’s health and provide conservative, non-surgical options to address issues such as:

- Urinary incontinence caused by weakened pelvic floor muscles or trauma
- Pelvic pain syndrome
- Pregnancy-related and postpartum low back pain, sacroiliac (SI) joint dysfunction and general deconditioning
- Osteoporosis
- Fibromyalgia

It is our goal to provide optimal rehabilitation and improve your quality of life through individualized, compassionate treatment and thorough education.

**Baptist Rehabilitation** provides excellent individualized care through a team of highly qualified, licensed and experienced professionals. They include physical therapists, exercise specialists, occupational therapists, speech-language pathologists, respiratory therapists and registered nurses.

Baptist Rehab professionals develop a personalized treatment plan that helps patients resume normal activities. For more information, visit [www.e-baptisthealth.com/rehab](http://www.e-baptisthealth.com/rehab) or call 904.202.4200.